

Curriculum Vitae

Elahe Hojati Abed

Assistant professor of occupational therapy

PhD of occupational therapy, School of Rehabilitation Sciences, Iran University of Medical Sciences, Tehran, Iran.

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Educational records

Course	University	City	Country	Graduation Data
Bachelor	University of Social Welfare and Rehabilitation Sciences	Tehran	Iran	1999-2003
Master of science	University of Social Welfare and Rehabilitation Sciences	Tehran	Iran	2004-2007
PhD	Iran University of Medical Sciences	Tehran	Iran	2015-2020

Research interests:

Occupational therapy in:

- Adolescent Development
- Achievement and Motivation and self-determination
- Mental disorders in adults
- Social and Emotional Development
- Ethical issue
- Assessment and measurement
- Consultation and counselling
- Use of prevention intervention in at risk people

Teaching experiences:

Teaching for the occupational therapy students at the school of Rehabilitation, IUMS and University of Social Welfare and Rehabilitation Sciences in theoretical and clinical courses from 2008 to present; about the following:

- Occupational therapy in psychosocial disorders I (BSc.)
- Occupational therapy in psychosocial disorders II (BSc.)
- Consultation in occupational therapy (BSc. & MSc. & PhD)
- Ethic in occupational therapy (BSc. & MSc. & PhD)
- Communication skills in therapy (BSc.)
- Group process in occupational therapy (BSc.)
- Occupation theory (BSc.)

Teaching for the rehabilitation management students in MSc at the school of Rehabilitation, IUMS from 2021

- Counseling strategies in rehabilitation
- Psychology of the disabled

Work experiences:

- Private work at the Tavana Harekat clinic in Tehran, Iran as occupational therapist. 2007
- Supervisor of occupational therapy department of Sina Day Clinic, 2009
- Membership in the Working Group on the Valuation of Occupational Therapy Services - National Workshop on Native Compilation of Relative Value of Health Services, Ministry of Health, 2010
- Supervisor of occupational therapy students at Rozbeh Hospital, 2012
- Supervisor of occupational therapy students at School of Rehabilitation Sciences, Iran University of Medical Sciences, 2017
- Supervisor of occupational therapy students at Iran Psychiatric Hospital, 2019
- Membership of the Scientific Committee of Mental Disorders of Iran Occupational Therapy Association, 2022

Journal Publications:

- **Hojati Abed E**, Akbarfahimi M, Shafaroodi N, Zareiyan A, Parand A. Effect of occupation-based self-determination interventions on decision making and risky behaviors in students at risk of emotional behavioral disorders. *Journal of Occupational Therapy, Schools, & Early Intervention*. 2023 May 31:1-4.
- Fathi Azar E, Mirzaie H, Jamshidian E, **Hojati E**. Effectiveness of perceptual-motor exercises and physical activity on the cognitive, motor, and academic skills of children with learning disorders: A systematic review. *Child: Care, Health and Development*. 2023 Mar.
- **Hojati Abed E**, Shafaroodi N, Zareiyan A, Akbarfahimi M, Parand A. The Effect of Self-Determination Activities on Communication and Interaction Skills and Academic Success (Grade Point Average) of Students at Risk of Emotional-Behavioral Disorders: A Randomized Controlled Trial. *Med J Islam Repub Iran*. 2022 (15 Oct);36:119.
- **Hojati Abed E**, Shafaroudi N, Akbarfahimi M, Zareiyan A, Parand A, Karamali Esmaili S. [Persian Translation and Psychometric Properties Assessment of Self-Determination Student Scale for Adolescents (Persian)]. *Archives of Rehabilitation*. 2020; 20(4):350-359.
- **Abed, E.H.** and Akbarfahimi, M. and Shafaroudi, N. and Zareiyan, A. and Parand, A. and Esmaili, S.K. (2020) *Research paper: Psychometric properties of the Persian version of self-determination parent perception scale*. *Iranian Rehabilitation Journal*, 18 (1). pp. 23-30.
- **Hojati Abed E**, Shafaroodi N, Akbarfahimi M, Zareiyan A, Parand A. Effect of occupational therapy on self-determination skills of adolescents at risk of emotional

and behavioral disorders: A randomized controlled trial. Med J Islam Repub Iran. 2021 May 3;35:57

- Mohassel Azadi, D., **Hojati Abed, E.**, Karamali Esmaili, S. Sensory Organization of Postural Balance in a Child with Joubert Syndrome: A Case Report. *Journal of Paramedical Sciences & Rehabilitation*, 2020; 9(2): 109-121. doi: 10.22038/jpsr.2020.43665.2022
- **E Hojati Abed**, Mirzaie H, Aahmadi A. Cognitive behavioral stress management program and mothers of children with oppositional defiant disorder. Iranian Rehabilitation Journal. 2014 Sep 10;12(3):43-47
- **Hojjati-Abed E**, Karbalaeei-nouri A, Rafiei H, Karimlou M. The Efficacy of Psychosocial Occupational Therapy Services on Quality of life of Chronic Psychiatric Patients. *jrehab* 2010; 11 (1)
- Jamshidian E., **Hojati Abed E.**, Fathi Azar E., Hashemzadeh M., Mirzaie H., Sourtiji H., Lived experiences of Iranian parents of children with autism spectrum disorder: A systematic review of qualitative studies – part 2, social and occupational lived experiences", *Iranian Journal of Public Health*, 2023
- **Hojati Abed E.**, Khalafbeigi M., Ghoghghi F., Token Economy for People with Severe Mental Illness: A Narrative Review of the Literature, *Function and Disability Journal*, 2023
- Translation of the book "Rehabilitation in Mental Health" - Publications of University of Welfare and Rehabilitation Sciences - 1383 - reprinted 1385

Research experiences:

- **Ph.D. thesis:** The Effect of Occupation-Centered Interventions on Self-determination of Adolescent Girls at Risk of Emotional-Behavioral Disorders According to MOHO,
- **Master's thesis:** The Efficacy of Psychosocial Occupational Therapy Services on Quality of life of Chronic Psychiatric Patients,
- Investigating the impact of rehabilitation interventions with emphasis on token economy on the participation rate of people with chronic mental illness residing in Omid Farda Rehabilitation Center, 2022
- Investigating the level of engagement in the occupations of people with chronic mental illnesses participating in the center based on the clubhouse model, 2022

Workshop & Conference presentations:

- **Occupational therapy for people with mental illnesses: new perspectives,** Scientific conference, Social Welfare and Rehabilitation Sciences, 2021
- **New evaluations and occupational therapy interventions,** Scientific conference, School of Rehabilitation Sciences, Iran University of Medical Sciences, 2021
- **Ethical reasoning and decision making in occupational therapy,** School of Rehabilitation Sciences, Iran University of Medical Sciences, 2022
- **How to promote the participation of people with severe mental illnesses in daily activities?** Workshop, School of Rehabilitation Sciences, Iran University of Medical Sciences, 2022
- **Motivation and self-determination,** Updates on occupational therapy and rehabilitation, School of Rehabilitation Sciences, Iran University of Medical Sciences, 2018
- **Psychometric properties of the Persian version of self-determination parent perception scale,** 23th Scientific Congress of Occupational Therapy in Iran, 2019

- **Occupation and medicine**, School of Rehabilitation Sciences, Iran University of Medical Sciences, 2017
- **The role of occupational therapy in adolescence**, 22th Scientific Congress of Occupational Therapy in Iran, 2017
- **Occupational therapy interventions based on Toghiani Dynamic Interactional Approach**, 22th Scientific Congress of Occupational Therapy in Iran, 2017
- **The effect of occupational therapy services on the quality of life of mental patients**, The first seminar on schizophrenia and chronic mood disorders: provision of services and psychosocial rehabilitation, 2011

Workshops attended:

- Neurofeedback and its application in improving attention deficit/hyperactivity disorder training workshop, 2012
- Electroencephalography workshop, Imaging (NCV-EMG), 2006
- Child and adolescent sexual education workshop, 2013
- Occupational therapy in the recovery of people with mental disorders workshop, 2016
- introducing Snoezelen Multisensory Room" - 2014
- New rehabilitation tools and programs in occupational therapy, 2017
- Seminar of Psychosocial-cognitive rehabilitation, 2018
- Types of clinical training methods in occupational therapy, 2019
- Effective communication in clinical practice, 2020
- Rehabilitation priorities in occupational therapy, 2017
- Advanced search for conducting systematic review studies, 2020
- Systematic review studies and meta-analysis, 2021
- Introducing with electronic resources and databases, 2016
- health of universities congress, 2011
- The 16th occupational therapy seminar of Iran, 2011
- The 15th National Occupational Therapy Seminar, 2010
- The 14th Iran Occupational Therapy Congress, 2009
- Investigating aging issues in Iran and the world congress, 2007